

Certificate

OF PARTICIPATION

THIS IS TO CERTIFY THAT
Beeresh N

HAS ATTENDED PREHAB 121
STICK, FUNCTIONAL MOBILITY
& MOVEMENT ASSESSMENT WORKSHOP

PRESENTED IN
MULTIFIT INDIRANAGAR, BANGALORE

ON 14TH & 15TH MARCH 2020



Dr Arva Maqsd (PT)
Movement Specialist
Sports Physiotherapist



Dr Luqman Shaikh (PT)
Founder Prehab 121
Sports Scientist